

# Applejack Country

**Description:** Easy Intermediate  
Phrased Dance, A 32 counts, B 16 Counts - AAB, AAB, A, Restart, BB, AA, BB

**Choreographed by:** Rob Fowler [August 2008]

**Music:** Alan Gregory, 'in the country', 'Workin on it' Start on Vocals

## PART A

**Right Side Rock & cross shuffle, left side rock, behind side cross.**

- 1,2** Rock right to right side (1), rock left to left side (2)  
**3&4** Cross right over left (3), step left to left side (&), cross right over left (4)  
**5,6** Rock left to left side (5), recover onto right (6)  
**7&8** Step left behind right (7), step right to right side (&), cross left over right (8)

**Step right half turn, Step Right half turn, switch steps side, right, left, forward switches right left.**

- 1,2,** Step forward onto your right foot (1), half turn over your left shoulder (2)  
**3,4** Step forward onto your right foot (3), half turn over your left shoulder (4)  
**5&6** Point right to the right side (5), place right next to left (&), point left to left side (6)  
**7&8** Point forward right (7), place right next to left (&), point forward left (8)

**Rock forward onto right & right coaster step, rock forward left ¾ turn**

- &1,2** Step onto left foot (weight)(&), rock forward onto right foot (1), recover back onto left foot (2)  
**3&4** step back onto right foot (3), step together next to right foot with left foot(&), Step right forward (4)  
**5,6** Rock forward onto to your left foot (5), recover onto your right foot (6),  
**7&8** ¾ turning shuffle left, Left(7), right(&), left(8), over your left shoulder

**Box step, side, heel, & cross & heel**

- 1,2** Cross right over left (1), step back onto right foot (2)  
**3,4** Step right to right side (3), cross step left over right (4)  
**5,6** Step right foot to right side, touch left heel to left side (6)  
**&7&8** Step left next to right side (weight)(&), cross right over left (7), Step right to right side (&), touch right heel to right side (8)

## PART B

**Forward right mambo, back left mambo, Step forward right ½ turn step, brush out out**

- 1&2** Rock forward onto right foot (1) recover back onto left (&) step right next to left (2)  
**3&4** Rock back onto left foot (3) recover back onto right (&) step left next to right (4)  
**5 6** step forward onto right foot (5), half turn over your left shoulder (6)  
**7&8** Brush Right foot through (7) step right foot to right side(&) step left to left (8)

**Applejacks**

- 1&2&** twist right heel to left, left toe to left(1), recover back to centre for (&) twist left heel to left, right toe to left(2) Bring back to centre  
**3&4&** twist right heel and left toe to left (3) back to centre (&)  
Repeat again (4&)  
**5&6&** twist left heel, right toe to right (5), recover back to centre (&), twist right heel and left toe to left (6) recover back to centre (&)  
**7&8&** Twist left heel, right toe to right (7), recover back to centre (&), twist right heel and left toe to left (8) recover back to centre (&)

## NOTE

**Sequence to dance is:** x2 A's, B, x2 A's, B, 28 counts of A (making an extra quarter turn to right on count 28, then start BB, AA, BB, AA